

Weekly Activities Sept. 21th - Sept. 27th

Experience the sea

Be Active • Relax • Enjoy Your Holiday

 Kids Explore (Ages 4–12)  Movement & Relaxation  Active Together



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8.00 - 8.30 / 9.00	MORNING MEDITATION with Katja by the Sea 8.00 - 8.30 am	-	MORNING MEDITATION with Katja by the Sea 8.00 - 8.30 am	YOGA with Kathy 1 hour 8 - 9 am	MOMENTS OF PRESENCE by the Sea 8.00 - 8.30 am	-	-
10.00 - 10.45	Agua-Fitness	Agua-Fitness	Agua-Fitness	Agua-Fitness	Agua-Fitness	ACTIVITIES	-
1.00 - 1.40 PM	 Water Polo	HOLIDAY SPANISH Useful Spanish for your Mallorca holiday	 TENNIS FUN & GAMES Easy games for beginners & players	Games & puzzles for everyone	 Water Polo		-
3.30 - 5.00 PM	 Welcome to the Sea Explore the seaside through discovery, games & creativity	Painting & Games / Children + Adults	Dreamcatcher Craft  Get Creativ for Children + Adults	Creativity & nature discovery/ Children + Adults	 Fun Olympics move - play - have fun!		Meet-up at the kids club
4 - 4.30 PM	-	-	-	Discover Scuba Diving	-	FREE OF	-
5.00 - 6.00 PM	Boccia/ Petanque	 Volleyball	Table Tennis Tournament	Boccia/ Petanque	 Volleyball		 Mini Disco 5.10 - 5.30
							 Volleyball 5.40 - 6.40
por la noche	LIVE MUSIC Event at the pool at 8 PM	<i>enjoy!</i>	LIVE MUSIC Event at the pool at 8 PM	<i>enjoy!</i>	<i>enjoy!</i>	<i>enjoy!</i>	<i>enjoy!</i>